



Primary Term I Newsletter **AY: 2025-26**

Dear Parents,

We hope you had a relaxing vacation with all your loved ones. As we step into the second term of this academic year, I'm delighted to look back on the wonderful journey we've had so far. The past few months have truly showcased the dedication and perseverance of our students, the commitment of our teachers, the spirit of our school community, and the unwavering support of our parents. Your partnership continues to play a key role in creating a positive and nurturing environment for our learners.

I would also like to take this opportunity to express my heartfelt appreciation to our dedicated team of teachers both scholastic and co-scholastic. Their passion, creativity, and deep care for every child's growth and well-being have made a lasting difference in our students' learning experiences.

My sincere gratitude to our school leadership - Namrata Di and Sonali Di for their constant support, guidance and encouragement.

As you read on, you'll get a glimpse of the enriching and joyful learning moments our students have experienced this term.



Theme of the Year Communication

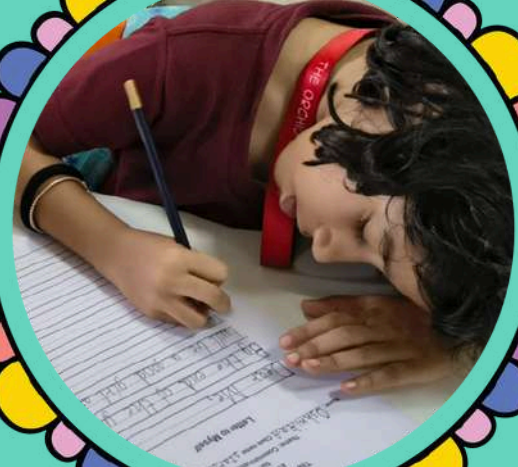
June - July : Communication with Self Grades 1 & 11

As part of our ongoing focus on social-emotional learning, students across Grades 1 to 11 participated in a series of “Communication with Self” activities. Each grade engaged in simple yet meaningful exercises that helped them connect with their inner thoughts and emotions.

Grade 1 students practiced mirror self-talk by saying positive affirmations daily, helping them build confidence and understand their feelings.

Grade 11 took this further by combining affirmations with a Letter to Self and standing before the mirror to say positive things to themselves. This activity, encouraged self-acceptance and reflection on personal growth strengths.

These activities encouraged students to slow down, listen to their thoughts, and build self-awareness—laying the foundation for emotional well-being and positive behaviour.



Theme of the Year Communication

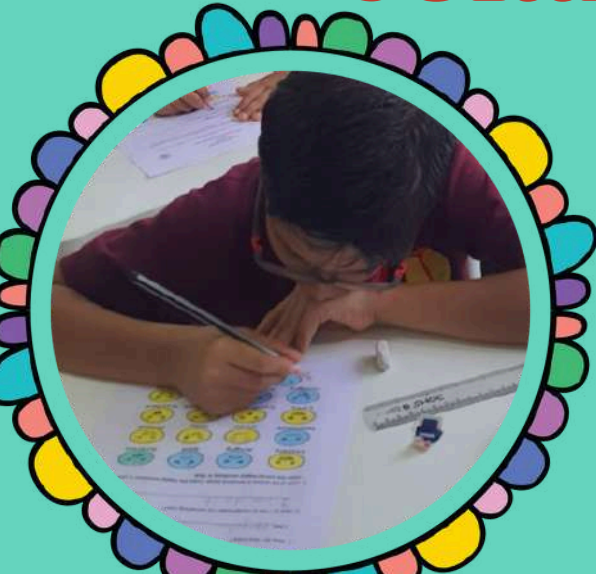
June - July : Communication with Self Grades 111 & 112

As part of our ongoing focus on social-emotional learning, students across Grades 1 to 12 participated in a series of “Communication with Self” activities. Each grade engaged in simple yet meaningful exercises that helped them connect with their inner thoughts and emotions.

Grade 111 explored emotions through a color-coded worksheet and made affirmation bracelets—a creative way to express feelings and personal strengths.

Grade 112 experienced the calming power of the Mindfulness Bell, learning to pause, breathe deeply, and stay present in the moment.

These activities encouraged students to slow down, listen to their thoughts, and build self-awareness—laying the foundation for emotional well-being and positive behaviour.



Theme of the Year Communication

Aug-Sept : Empathetic Listening

Students from Grades 1 to 1V engaged in activities to develop empathetic listening and understand others' feelings:

- Grade 1: Watched a short movie clip and discussed characters' emotions, focusing on tone, expressions, and body language.
- Grade 11: Took turns on the Feelings Chair, sharing personal experiences while classmates listened attentively, fostering empathy and confidence.
- Grade 111: Interviewed community helpers such as janitors, drivers, and shopkeepers, learning about their daily work, feelings, and contributions, with parents guiding the process respectfully.
- Grade 1V: Listened empathetically to stories of grit, determination, valour, and confidence, reflecting on inspiring examples and imbibing the spirit of perseverance, courage, and selfless action.

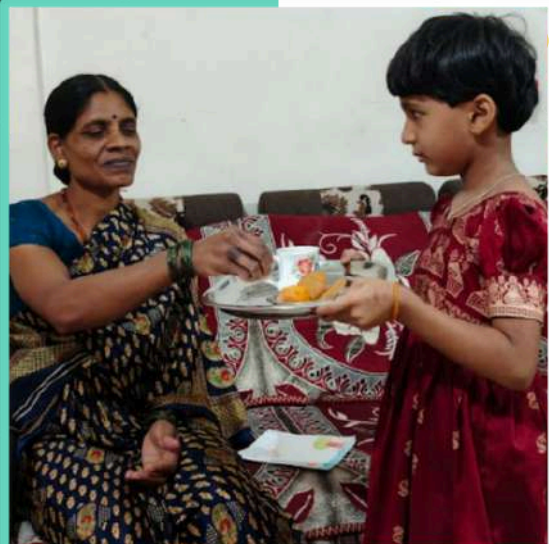


Community Projects integrated with Theme activity - Empathetic Listening

Grade 1 - From our Hearts to Yours Acknowledging the contribution of the House Help

As part of this thoughtful activity, students interviewed their house helps to learn about their daily lives and experiences. Parents supported the process by guiding the conversations respectfully and capturing photographs of the interaction with the helper's permission.

This meaningful exercise encouraged students to practice empathetic listening, focusing not only on words but also on the feelings and emotions behind them. It helped them become more aware, respectful, and sensitive in their communication – acknowledging with gratitude the invaluable contribution of house helps in their lives.



Community Projects integrated with Theme activity - Empathetic Listening

Grade 11 - Caring Hearts & Capable Hands.

Acknowledging the contribution of community helpers shaping our society.

As part of their learning about community helpers, our students had the opportunity to meet these everyday heroes in person. They observed the tools used in their work, asked thoughtful questions, and expressed their gratitude through handmade thank-you cards and diyas, timed beautifully with the Diwali celebrations.

In their PP class, students created origami lanterns and attached them to the cards with special messages for the community helpers. This activity, along with their ongoing community project, helped students understand the vital roles these helpers play in society while fostering appreciation, empathy, and a spirit of giving.



Community Projects integrated with Theme activity - Empathetic Listening

Grade 111 - Abhaar- Share it and Feel it. Acknowledging the contribution of Kakas and Maushis in our School.

As part of their community project, Grade 111 students acknowledged the invaluable contribution of our school's kakas and maushis. Integrating the theme of Communication – Empathetic Listening, students worked in groups to prepare thoughtful questions and engage in heartfelt conversations with them. To express their gratitude, the students created thank-you cards and made a conscious effort to keep their classrooms clean, ensuring the helpers wouldn't need to be called for routine tidying. Through this meaningful activity, they not only learned the value of empathy and respect but also experienced the joy of expressing gratitude in action.



Community Projects integrated with Theme activity - Empathetic Listening

Grade IV - An Attitude of Gratitude Acknowledging Contribution of the Community Helpers

Grade IV students took part in a meaningful activity designed to help them appreciate the many professions that make our lives easier and better. As part of their EVS learning on "Work People Do" and the theme of Empathetic Listening - Appreciating the Work People Do Around Us, students interviewed professionals to understand their responsibilities, challenges, and contributions.

Through these respectful, face-to-face conversations, students developed confidence in communication and questioning skills while connecting classroom learning with real-life experiences. They also reflected on their learnings, reinforcing the value of empathy and the importance of respecting all kinds of work - embracing the true spirit of dignity of labour.



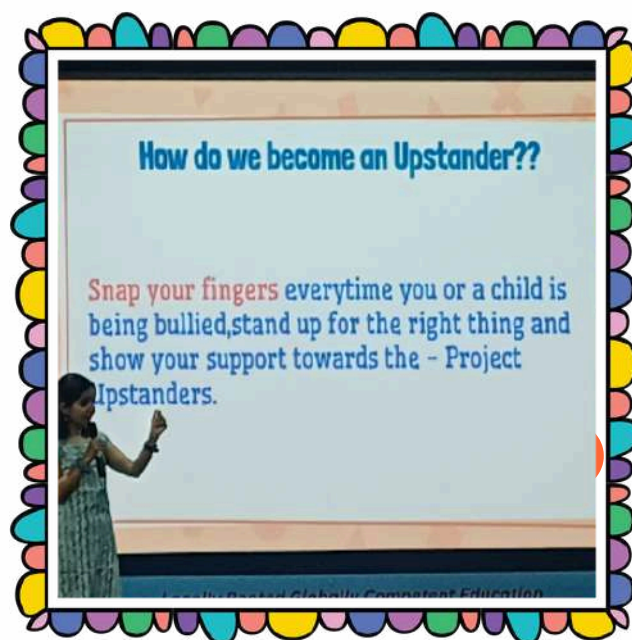
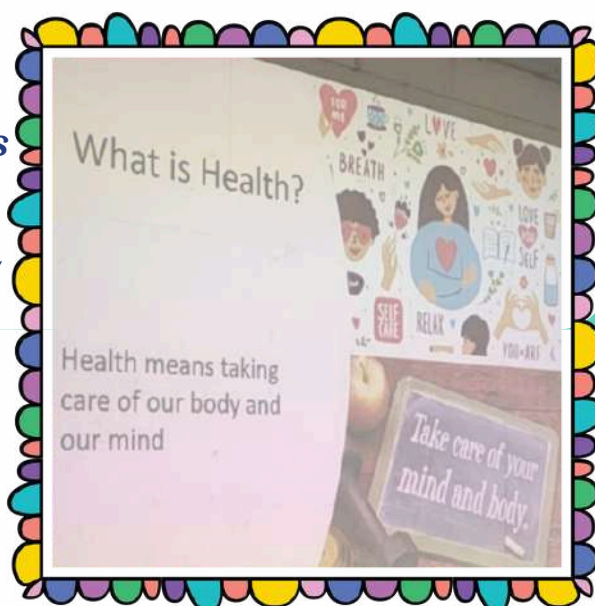
Social - Emotional Wellbeing Initiatives

Our school continued its focus on promoting good health and well-being through the Wholesome Wellness Programme. Students were reminded of the importance of healthy eating, with the re-introduction of nutritious meals such as green vegetables, salads, and millets on Tuesday, Wednesday, and Thursday, respectively.

LSO classes helped students develop self-awareness and gain a deeper understanding of themselves. The assembly presentations covered a wide range of important topics, including:

1. Celebrating differences and respecting others
2. Health and nutrition
3. The connection between mental and physical well-being
4. Safe and unsafe touch awareness
5. Understanding behaviour and self-monitoring. Saying no to bullying and being an Upstander.

This initiative aimed to nurture mindful, responsible, and healthy students, equipping them with knowledge and habits for life.



Our Assemblies

Our school assemblies continue to be a vibrant platform for student engagement, learning, and celebration. Throughout the year, themes such as fitness, school safety, mental health, and nutrition have helped students build essential values and life skills. These assemblies bring our school community together—creating meaningful moments to learn, reflect, and celebrate while nurturing the holistic development of every student.



Assembly Highlights- Moments of Impact!

- Fitness Assembly
- Good Touch Bad Touch session
- School Safety Plan
- Class assembly presentations
- Musical assemblies
- Hindi / Yoga Day celebrations
- Aashadi Ekadashi celebration
- Say No To Bullying - Special Assembly
- Nutrition in your tiffin
- World Mental Health day
- Updates on late coming, uniforms, study time & home work.
- Independence Day
- Reading trophies
- Celebrating special achievements of our students.
- Gandhi Jayanti - Special Assembly
- Spread Kindness
- Inkspire - Orchid Magazine



Our Assemblies



Celebration of Important Festivals and Days

Yoga Day



Primary students celebrated Yoga Day with great enthusiasm, taking part in engaging yoga sessions that promoted both physical and mental well-being. Under the guidance of their teachers, they practiced various asanas, breathing exercises, and mindfulness techniques. The event highlighted the importance of yoga in building balance, flexibility, and inner calm, leaving the children refreshed and focused. It was a joyful and meaningful way to encourage healthy habits and mindfulness from a young age.



Celebration of Important Festivals and Days

Aashadi Ekadashi

Aashadi Ekadashi was observed with devotion and joy, capturing the cultural and spiritual essence of this sacred occasion. Students and teachers came together to present traditional songs, dances, and stories that celebrated Lord Vitthal and the revered pilgrimage to Pandharpur. The event beautifully strengthened our bond with cultural traditions, making it a truly meaningful and enriching experience for all.



Celebration of Important Festivals and Days

Janmashtami

Grade 1 students celebrated Janmashtami at our school with immense joy and devotion, honoring the birth of Lord Krishna. The event was filled with vibrant performances, including dances, skits, and songs, beautifully bringing the stories of Krishna's life to the forefront. The students eagerly took part in the traditional "Dahi Handi" activity, which highlighted the values of teamwork, unity, and festive cheer.

Through these engaging activities, the children not only connected with our rich cultural heritage but also imbibed essential values such as love, compassion, and righteousness. The celebration created a lively and spiritual atmosphere, making it a truly memorable day for everyone involved.



Celebration of Important Festivals and Days

Hindi Diwas

This year, Hindi Diwas was celebrated with great enthusiasm, honouring the richness and cultural heritage of the Hindi language. Students and teachers actively participated in engaging activities such as poetry recitation and quizzes that showcased the beauty, depth, and importance of Hindi in our everyday lives. The celebration served as a reminder of our linguistic pride and unity.

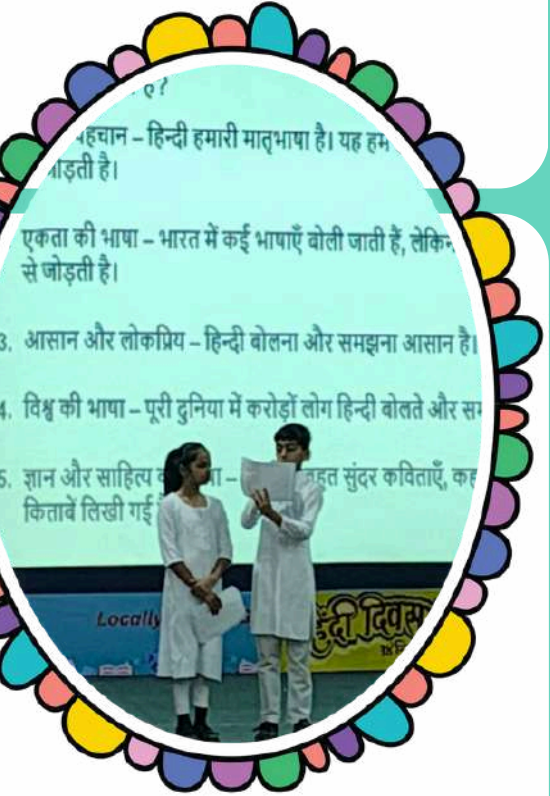


हिंदी दिवस कब मनाया जाता है?

हिंदी दिवस 14 सितंबर को मनाया जाता है। इसी दिन 1949 में संविधान सभा ने हिंदी को भारत की आधिकारिक भाषा के रूप में मान्यता दी थी। यह दिन भारत के लिए एक महत्वपूर्ण दिन है। यह हिंदी भाषा के विकास को दर्शाता है। हिंदी दिवस न केवल हिंदी भाषा की प्रतिष्ठा का प्रतीक है, बल्कि यह देश की सांस्कृतिक एकता का भी प्रतीक है।

अद्भुत तथ्य

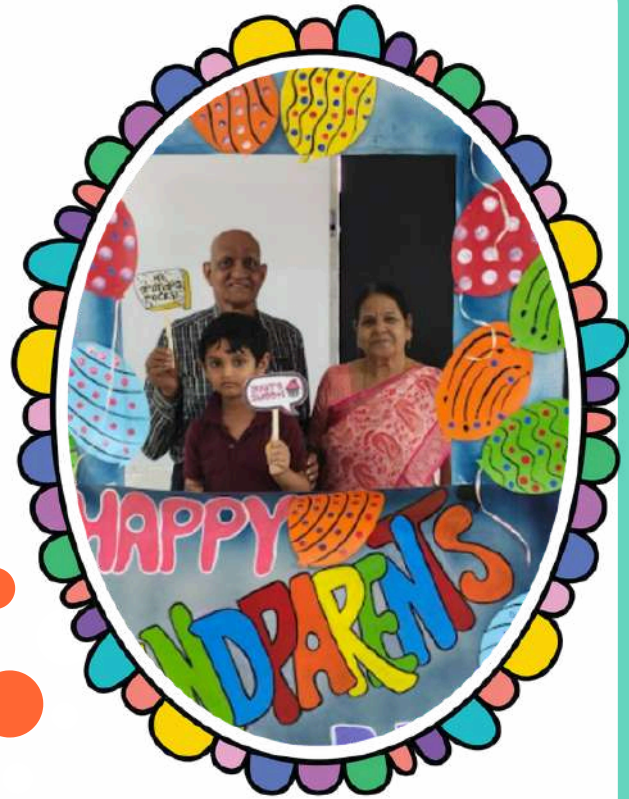
- 01 हिंदी दुनिया की सबसे पुरानी बोलने वाली भाषा है।
- 02 हिंदी के शब्दों का उच्चारण एक ही तरह किया जाता है, जैसे वे लिखे जाते हैं, जिससे हिंदी भाषा सीखना आसान हो जाता है।
- 03 दुनिया भर में 366 मिलियन लोगों द्वारा हिंदी बोली जाती है।
- 04 दुनिया भर में लगभग 300 मिलियन लोगों के लिए हिंदी दूसरी भाषा है।



Celebration of Important Festivals and Days

Grandparents' Day

Grade 7 students joyfully celebrated Grandparents Day, expressing love and appreciation for their grandparents. The day was filled with heartwarming moments as children sang songs, played games, created art pieces, and proudly showed their classrooms. Grandparents received their grandchildren's handprints as keepsakes, and photographs captured lasting memories, making the occasion truly special and full of joy for everyone.



Field Trips

Field Trip for Grade 1

At our school, we believe that true learning goes beyond the classroom, giving students opportunities to connect lessons with real-world experiences.

This year, Grade 1 students visited the local fire station, enjoying an interactive session with firefighters and gaining insights into the tools, techniques, and daily responsibilities of these courageous professionals.



Field Trips

Field Trip for Grade 11

Grade 11 students explored the Enchanted Garden as part of their plant studies. They observed a rich variety of plant species firsthand, engaging in hands-on activities that deepened their understanding of nature's diversity and fostered a love for the environment.



Field Trips

Field Trip for Grade 111

As part of their EVS chapter on Pottery, Grade 111 students visited a pottery studio to explore the art and craft of clay-making. They observed how clay is shaped on the pottery wheel, fired in a modern kiln, and transformed into beautiful everyday items like crockery. This hands-on experience helped students deepen their understanding of traditional crafts and the use of natural materials. Following the visit, they engaged in a collaborative research project to further explore the art of pottery.



Field Trips

Field Trip for Grade IV



Grade IV students visited a handmade paper factory, where they got an up-close view of the detailed process of paper-making and learned about the workings of a small-scale industry. Back at school, they even created their own paper, putting theory into practice.

These hands-on experiences help bridge classroom learning with real-world applications, making education engaging, meaningful, and memorable for our students.



Creative Connections: Sing, Create, Explore Together

Grade 1 : Melody Mingle with Parents

The first event for our Grade 1 students was a delightful Melody Mingle, where children joyfully performed the songs and poems they had learned in class, connected to their current lessons.

Singing in all three languages, students were accompanied by their parents, who eagerly joined in and celebrated their children's confidence and enthusiasm. It was a heartwarming experience that brought families together, blending music, learning, and shared joy.



Creative Connections: Sing, Create, Explore Together

Grade IV : STREAM with Parents

At the STREAM with Parents event, Grade IV students teamed up with their parents for an exciting hands-on challenge. Together, they designed paper airplanes and launched them using a specially crafted paper launcher. Flights were tested in three ways—by arm throw, wrist flick, and the launcher—adding layers of fun and experimentation.

To deepen their understanding, students also conducted research on various aspects of aeroplanes, linking theory with practice. The activity sparked curiosity across Science, Technology, Engineering, Art, and Math, while encouraging teamwork, creativity, and problem-solving. Above all, it was a joyful experience that strengthened the bond between students and parents through collaborative learning.



Theatrythms - Grade IV

WELCOME to
CONCERT-IV
Tales to Triumphs

Grade IV students presented their multidisciplinary concert, *Tales to Triumphs*, on Saturday, 27th September 2025, with great enthusiasm and creativity. The theme reflected our school's belief that stories nurture strength, leadership, and global awareness while keeping children rooted in local wisdom.

Through folk tales and stories of real-life heroes, students beautifully showcased courage, resilience, and empathy. With expressive words, music, and movement, they brought each story to life and demonstrated the power of communication from both the heart and the mind.



Theatrythms - Grade IV



Cuisine Crafters

Our young learners of Grades 1 and 11 participated in Cuisine Crafters, a fun hands-on cooking activity that seamlessly blended concepts from Math, Science, and Languages. Grade 1 made Matki Bhel and Grade 11 made Chickpea Salad.

As they measured ingredients, discussed healthy food choices, and followed recipes, students applied classroom learning in creative and practical ways. From selecting ingredients to preparing and enjoying their dishes, the experience was a perfect blend of learning, teamwork, and joy – making education truly delicious!



Visitor Session

Adopt a Plant - Ek Pedh hum Lagayen Aur Ek Tum

As part of their learning about plants, Grade 2 students attended a special session with **Mr. Kotgire from Yogkshem**, where they discovered the vital role trees play in preserving our environment and supporting life on Earth.

Students were encouraged to adopt and care for a sapling at home until it is ready to be planted back into nature, where it will grow into a strong tree providing shelter for birds and animals.

This initiative helped instill a sense of responsibility and pride, as children actively contributed to creating a greener, healthier planet. Many students have enthusiastically taken on this mission, nurturing their saplings with care and commitment.



Visitor Session

Author Visit for Grade IV & V – Connecting Stories to the Real World

The Orchid School believes in connecting every child to the real world, and the Author Visit was one such initiative that brought authentic learning into the classroom.

On 17th July 2025, Bengaluru-based author **Vidya Varadarajan** graced us with her warmth, wit, and humour, instantly striking a chord with our young learners. In an engaging and interactive session, she explored how stories spark imagination and why that matters more than ever in today's technology-driven world.

Drawing from her own experiences, Vidya beautifully linked reading to future-ready skills such as curiosity, critical thinking, and problem-solving. Through humour, relatable anecdotes, and real-life examples, she inspired students to rediscover the joy of reading and nurture creativity in an AI-powered age.



Dear Parents and Students,

As we reflect on the past few months, we are proud of the remarkable journey our students have undertaken. From exploring self-awareness and emotional resilience through Communication with Self activities, to practicing empathetic listening with peers, school helpers, and community members, your children have embraced every opportunity to grow in heart and mind. They have connected classroom learning with real-world experiences, celebrated our cultural heritage, expressed creativity through STEAM and art, and developed a sense of responsibility toward the environment and community.

With Term 11 ahead, we are excited to continue this journey of learning, discovery, and fun. Every challenge is a stepping stone toward becoming wiser, kinder, and more confident.

On behalf of my team and Coordinator Pallabi Di, we extend our warmest wishes to you for an amazing Term 11. May it be filled with curiosity, creativity, and meaningful experiences.

“The journey of learning is not about reaching an end, but about becoming more curious, compassionate, and confident along the way.”

*Warm Regards,
Amarpreet Kotkar
Unit Head – Primary*