

# Mud Day

Mud Day or International Mud Day falls on June 29<sup>th</sup> every year. It is a day when children all over the world are encouraged to experience the joy of playing with and playing in mud. The idea for International Mud Day was born in 2009 when Gillian McAuliffe from Western Australia and Bishnu Bhatta from Nepal, two leaders in the field of Early Childhood Education met at a world forum in Belfast and fell into a discussion about the importance of mud play in early childhood.

So to give the muddy experience to the children of TOS we introduced the MUD DAY ACTIVITY for Grade 1 students. But here in our Mud Day activity we replaced mud with cornstarch. The material used for this activity was cornstarch, water and some poster colours. This activity was organized in the respective classes of Grade 1 - Tulip, Lily and Poppy on 28/06/2019, Friday .

The activity started by dividing the class students into 4 to 5 groups. Initially each group was provided with cornstarch powder and students were asked to feel the texture of it and they came with words like Dry, white, slippery, etc.

At the next level slowly water was added to the powder to form a liquid mixture, they thoroughly enjoyed playing with the mixture and the students came up with the words like slippery, gooey, soft, stinky, watery, messy, sticky, nice, slimy, etc. At the end various colours were added to the mixture so as to make them understand the blending of various colours and also formation of a new colour. Students engaged themselves in Handprint activity.

The activity was a sensorial experience focusing on strengthening motor skills of our kids, introducing new vocabulary to them and having fun at the same time.





